

# Partnership in Transitional Care

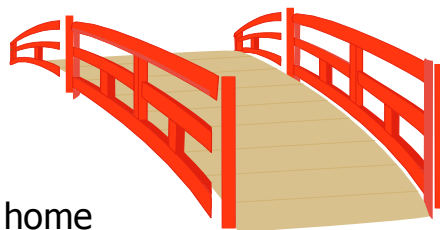
Free Workshops for Individuals Applying for Long Term Care  
and their Family Members

[This workshop is not suitable for persons with dementia]

## Preparing for the Move (to a Long Term Care Home)

### This workshop addresses...

- Common feelings at this time & ways to cope
- Planning for the day of the move
- Helping your family member adjust to their new home
- Helping yourself adjust and your new role



### Upcoming Dates and Locations:

#### EAST END

**Perley & Rideau Veterans' Health Centre, 1750 Russell Road,  
2nd Floor Boardroom**

**Time: 1:00 p.m. - 3:00 p.m.**

- Tuesday, January 31, 2012
- Tuesday, May 15, 2012
- Tuesday, November 13, 2012
- Tuesday, March 6, 2012
- Tuesday, September 25, 2012

#### WEST END

**The Glebe Centre,  
950 Bank Street, 2nd Floor  
"Gathering Place"**

**Time: 1:00 p.m. - 2:30 p.m.**

- Tuesday, February 28, 2012
- Tuesday, June 12, 2012

**Villa Marconi,  
1026 Baseline Road,  
Main Floor Library**

**Time: 1:00 p.m. - 2:30 p.m.**

- Tuesday, April 17, 2012
- Tuesday, October 16, 2012

**Pre-registration is required.**

**To pre-register and for more information, contact 613-523-4004**

[www.alzheimer.ca/ottawa](http://www.alzheimer.ca/ottawa)

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Renfrew County Toll Free: 1-888-411-2067

Arnprior: 115 – 16 Edward St. S., Arnprior ON K7S 3W4

Pembroke: 425 Cecelia St., Pembroke ON K8A 1S7

Charitable Registration No. 11878 5013 RR0001